

EMPLOYEE TRAINING RECORD										
TRAINING TITLE Fall Protection - Safety Nets										
<p style="text-align: center;">KEY TEACHING POINTS</p> <ul style="list-style-type: none"> Where the elevation is 25 feet or more above the ground, water surface, or continuous floor level below, and when the use of personal fall arrest systems, personal fall restraint systems, positioning device systems or more conventional types of protection are clearly impractical, the exterior and/or interior perimeter of the structure shall be provided with an approved safety net extending at least 8 feet horizontally from such perimeter and being positioned at a distance not to exceed 10 feet vertically below where such hazards exist, or equivalent protection provided by safety nets shall extend outward from the outermost projection of the work surface as follows: <table style="width: 100%; margin: 10px 0;"> <tr> <td style="width: 50%; text-align: center;">Vertical distance from working level to horizontal plane of net</td> <td style="width: 50%; text-align: center;">Minimum required horizontal distance of outer edge of net from the edge of working surface.</td> </tr> <tr> <td style="text-align: center;">Up to 5 feet</td> <td style="text-align: center;">8 feet</td> </tr> <tr> <td style="text-align: center;">More than 5 feet up to 10 feet</td> <td style="text-align: center;">10 feet</td> </tr> <tr> <td style="text-align: center;">More than 10' but not to exceed 30'</td> <td style="text-align: center;">13 feet</td> </tr> </table> <ul style="list-style-type: none"> Nets shall be hung with sufficient clearance to prevent user's contact with the surfaces or structures below. The clearances shall be determined by impact load testing. To impact load test, drop a weight (sandbag, manakin, etc) equal to or greater than the weight of the heaviest person on the job to determine the amount of stretch of the net. If it touches the surface below, the net must be adjusted. 			Vertical distance from working level to horizontal plane of net	Minimum required horizontal distance of outer edge of net from the edge of working surface.	Up to 5 feet	8 feet	More than 5 feet up to 10 feet	10 feet	More than 10' but not to exceed 30'	13 feet
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TEST										
QUESTION	ANSWERS									
	TRUE	FALSE								
1 Clearances shall be determined by impact load testing.										
2 There is a relationship between the vertical distance from the working level to horizontal plane of the net and the minimum required horizontal distance of the outer edge of the net from the edge of the working surface.										
3 Nets should be used when you can't use personal fall arrest systems, personal fall restraint systems, positioning device systems or more conventional types of protection.										
4 To impact load test, drop a weight (sandbag, manakin, etc) equal to or greater than the weight of the heaviest person on the job to determine the amount of stretch of the net.										
5 Nets shall be hung with sufficient clearance to prevent user's contact with the surfaces or structures below.										
EMPLOYEE'S NAME	EMPLOYEE'S SIGNATURE	DATE								
INSTRUCTOR'S NAME	INSTRUCTOR'S SIGNATURE	DATE								